

TWEAK

	Points
1.A How many drinks does it take before you begin to feel the first effects of alcohol? (3 or more drinks = 2 points) <i>or</i>	_____
1.B How many drinks does it take before the alcohol makes you fall asleep or pass out. If you never pass out, what is the largest number of drinks that you have? [Tolerance] (5 or more drinks = 2 points)	
2. Have your friends or relatives worried about your drinking in the past year? (yes = 1 point) [Worried]	_____
3. Do you sometimes take a drink in the morning when you first get up? (yes = 1 point) [Eye-opener]	
4. Are there times when you drink and afterwards can't remember what you said or did? (yes = 1 point) [Amnesia]	_____
5. Do you sometimes feel the need to cut down on your drinking? (yes = 1 point) [K/C Cut down]	_____
	Score _____

A score of three or more is considered positive for alcoholism/heavy drinking.

Reference: Chan AWK; Pristach EA; Welte JW; Russell M. Use of the TWEAK test in screening for alcoholism/heavy drinking in three populations. *Alcoholism: Clinical and Experimental Research* 17(6): 1188-1192, 1993. (30 refs.)

Bibliography on TWEAK.

