



UNODC

United Nations Office on Drugs and Crime



National AIDS Control Organisation

India's voice against AIDS
Ministry of Health & Family Welfare, Government of India
www.nacoonline.org

3

OUTREACH

DRUG-A INCHIU |HINTE ZINGAH



RUAULKHAI ZAWKA HNATHAWH DAN TUR INKAWHHMUHNA

Project HIFAZAT: Strengthen the capacity, reach and quality of IDU harm reduction services

Year of Publication: 2012

Published by:

United Nations Office on Drugs and Crime, Regional Office for South Asia

Author: SAHARA Centre for Residential Care and Rehabilitation

All rights reserved.

The text of this publication may be freely quoted or reprinted with proper acknowledgment

Disclaimer

The opinions expressed in this document do not necessarily represent the official policy of the United Nations Office on Drugs and Crime.

The designations used do not imply the expression of any opinion whatsoever on the United Nations concerning the legal status of any country, territory or area of its authorities, frontiers and boundaries.

Designed & Printed by

Fountainhead Solutions (Pvt) Ltd.

www.fountainheadsolution.com

Rualkhai Zawka Hnathawh Dan Tur

Inkawhhmuhna

Outreach

Drug-A Inchiu |Hinte Zingah

Tunlai hian 'Injecting Drug Users' (IDUs) kan tihte hi 'People Who Inject Drugs' (PWID) tia koh an ni. Engpawh nise, he Lehkhabu-ah hi chuan 'Injecting Drug Users' (IDUs), tih hi National AIDS Control Program lama an hman dan nen a tlan theih nan hman a ni.

Thuhma

India ramah hian, National AIDS Control Program (NACP) ruhrel hnuia Targeted Intervention (TI) Drug-a inchiu thinte (IDUs) zinga HIV darh zel tur venna atana hmalakna pawimawh ber pakhat a ni a. Hriselna bul atana rawngbawltu an ni a, heng Hriselna lam inzirtirte, panchhia buaipui te, enkawlna hmun pan tura rawn chungchangah te leh kawng dang danga thawktu an ni. Heng bakah hian na thalo zawk venna atan Inchiuna Hriau Thianghlim Thleng Program (NSEP) leh Opioid thlakna damdawi (OST) tih theihna hmun bik an ni bawk. Heng an rawngbawlna te hi anmahni anpui (peer)-ten an feh chhuahpui bakah Drop In Centre (DIC) atanga tih a nih avangin kan han tarlan tak thiltih hrang hrangte tihna hmun pawimawh tak a ni.

NACP hnuia heng hmunte tih chak leh zual a, dinhmun hlauhthawnawma ding inchiu thinte zau zawka dapchhuah kawngah India rama United Nations Office on Drugs and Crime (UNODC) chuan Global Fund Round 9 Project (i.e., Project Hifazat) leh mi dangte kaltlangin National AIDS Control Organisation (NACO)-ah technical assistance a pe a. Chumi avang chuan UNODC -in thiamna bika NACO a puinhna atan heng ahnuia mite hi kalpui a ni:

- 1) Operational Research Buatsaih
- 2) Rualkhai zawka hnathawh dan tur kaihruaina siamchhuah
- 3) Capacity Building/ Training Materials buatsaih
- 4) Master Trainer te Training pek

Hetiang a nih avang hian rualkhai zawka hnathawh dan tur kaihruaina pasarh, tuna awmsa ‘Outreach (Fehchhuah)’ nen siamchhuah a lo nita a ni. He lehkhabu ‘Rualkhai zawka hnathawh dan tur kaihruaina’ hi NACP thiltum tihhlawhtlinna kawngah leh TI ten an rawngbawlnaa harsatna sutkianna atan te tangkai takin hman theih a ni ang.

He ‘Rualkhai zawka hnathawh dan tur kaihruaina’ ‘Outreach’ bu hi kaihruainabu siamchhuah pasarh zinga a pathumna a ni. He kaihruaina bu hi TI IDU-a thawktute tan program kalpuna kawngah harsatna hrang hrang awm thei hmachhawnna kawngah abik takin **Outreach** planning-ah te, Outreach Plan-na tur hmanrue te, Outreach kalpui dan tur kailawn indawt te, Outreach huna service pekchhuah tur te, Outreach laia harsatna awm thei leh hnathawh ziahfel leh chhinchhiah dan kalpuna lamah hmanraw pawimawh tak a nih bakah kaihruaina tha tak a ni ang.

Chuvangin he Inkaihruaina hi India rama IDU TI-a thawktute tan hmanraw hlu tak leh tangkai tak, an hna thawhna atan tha zawka an thawh theihna atan hmanraw pawimawhtak tur a ni ang. He inkaihruaina atana an thiamna thawkhawmtute zingah hengte hi an tel Technical Working Group of Project Hifazat , NACO aiawhte, Project Management Unit (PMU) of Project HIFAZAT, SHARAN, Indian Harm Reduction Network leh Emmanuel Hospital Association.

Acknowledgement

UN Office on Drugs and Crime, Regional Office for South Asia (UNODC ROSA) chuan sorkar laipui-a HIV sector lam aiawh leh South Asia rama non-governmental organizations (NGO) rintlak tak tak te nen "Prevention of transmission of HIV among drug users in SAARC countries" (RAS/H13) project hi an kalpui a.

Ram bial chhunga hmalakna atan UNODC chuan Global Fund Round-9 IDU-HIV Project (i.e. HIFAZAT) hi akalpui mek bawk a. Project HIFAZAT hian India rama drug-a inchiu thinte zinga thil thalo thleng thei tih tlemna atana beihnaah te, anmahni dapchhuah leh an theihna tih chak sak a tum a ni.

Heng mite hi, NACO, Project Management Unit (PMU) of Project HIFAZAT, Emmanuel Hospital Association (the principal recipient of the grant 'Global Fund to Fight AIDS, Tuberculosis and Malaria-India HIV-IDU Grant No. IDA-910-G21-H'), SHARAN, Indian Harm Reduction Network leh mimai thiamna bik nei, he lehkhabu buatsaihna atana an hun hlu tak thawtuh leh thurawn petute an ni tih kan han tarlang a ni.

A bik takin UNODC Project H13 Team te chungah lawmthu kan sawi a, anni hian an thiamna leh theihna te, he lehkhabu atan hian an hun hlu tak sengin theih tawp an chhuah tak meuh a ni.

Thu Kaihtawi

AIDS	Acquired Immunodeficiency Syndrome	IEC	Information, Education and Communication
ANM	Auxiliary Nurse Midwife	MSJE	Ministry of Social Justice and Empowerment
ART	Anti Retroviral Therapy	M & E	Monitoring and Evaluation
ARV	Anti Retroviral	NACO	National AIDS Control Organisation
BBV	Blood-Borne Virus	NGO	Non-Governmental Organization
BCC	Behaviour Change Communication	NACP	National AIDS Control Program
BSS	Behavioural Surveillance Survey	NS	Needles and Syringes
CBO	Community Based Organization	NSEP	Needle Syringe Exchange Program
CM	Community Mobilizer	OI	Opportunistic Infection
CRT	Crisis Response Team	ORW	Outreach Worker
CSO	Civil Society Organization	OST	Opioid Substitution Therapy
CSS	Community System Strengthening	PE	Peer Educator
DDRC	Drug Demand Reduction Centre	PEP	Post-Exposure Prophylaxis
DIC	Drop-In Centre	PLHA	People Living with HIV/AIDS
DOTS	Directly observed Treatment Short-Course	PLHIV	People Living with HIV
FGD	Focus Group Discussion	PM	Project Manager
FIDU	Female Injecting Drug User	PPB	Puncture Proof Box
FSW	Female Sex Worker	PPTCT	Prevention of Parent To Child Transmission
Hep B	Hepatitis B	PWID	Person Who Injects Drugs
Hep C	Hepatitis C	RCH	Reproductive and Child Health
HIV	Human Immunodeficiency Virus	RNTCP	Revised National Tuberculosis Control Program
HRG	High Risk Groups	SACS	State AIDS Control Society
HR	Harm Reduction	STD	Sexually Transmitted Disease
HSS	HIV Sentinel Surveillance	STI	Sexually Transmitted Infection
IBBS	Integrated Biological and Behavioural Surveillance	SW	Sex Worker
ICTC	Integrated Counselling and Testing Centre	TB	Tuberculosis
IDU	Injecting Drug User	TI	Targeted Intervention

Contents



1. Kamkeuna	1
1.1 A Bul Hut Leh A Tumte	1
2. Outreach – Ngaihtuahna Tlangpui	4
2.1 Engvangin Nge Outreach Hi A Tul/Pawimawh?	4
2.2 Outreach Atana Kaihruaina	5
2.3 Outreach Kaltlang Service-Te	5
2.4 Outreach Kalpuina Atan A Thawktute - Tihtur Leh Mawhphurna	6
2.5 Outreach Rahbi Te	9
3. Outreach Ruahman Na	10
3.1 Social Mapping	11
3.2 Spot Analysis	12
3.3 Contact Mapping	13
3.4 Work Plan	14
4. Outreach Kalpui Dan	15
4.1 Outreach Kaltlanga Service Pekchhuah Te	16
5. Documentation	21
5.1 P.E Ten Mimal Mal An Chhuiizuina	21
5.2 Pe Hman Tur Form Siamsa Dang Te	21
5.3 ORW Hmantur Record/Format Te	21
6. Endikna Leh Enkawlna Atana Ngaihtuah Fel Ngai Te	22
6.1 Outreach Endikna	22
6.2 Pe Te Enkawl Leh Kaihruai	23
6.3 ORW Te Enkawl Leh Kaihruai	24
7. Chonate	25
8. Lehkhabu Rawnte	31

1. Kamkeuna



1.1 A Bul|Hut Leh A Tumte

India ramah HIV/ AIDS vei maktaduai 2-maktaduai 3.1 awm ang vela chhut chhuah a ni a, chung zinga 0.36% chu thalai an ni a. HIV hrik hi India mipui nawlpui atang ni lovin heng high risk ho atang uluk taka ngaituah a zir a ni a. Chung zingah drugs hmanga inchhiu mite chu HIV hrik leh thisen atang a inkai chhawn theih (Blood Borne Virus) an kai awlsam bika ngaih a ni. Drugs hmanga inchiu atang mai bakah inven na tellova mipat hmeichhiatna hman avangte in HIV hrik pai IDU te zingah a ti hluar zual bawk a ni. Sentinel Surveillance atanga chhut danin HIV hrik pun zel dan chu 9.2% angin inchiu mite atang a chhutchuah a ni.

NACP 3 Programme 2012 in a tum ber chu HIV hrik pung zel tur a let thawka tihtlem a ni .chung zingah thil pawimawh tak NACP atang chuan heng inven nate inenkawl n ate leh chhawmdawlna te High risk group te hnenah HIV atanga invenna turin TI kaltлага ngaituah sak a ni. Tunah TI hmun hrang 260 aia tam awm chung TI te chuan 100ah 76 vel NACO hmalakna anga kalpui na ni.

NACP atanga IDU ten services an dawn theih te hmun 3 ah then a ni a.

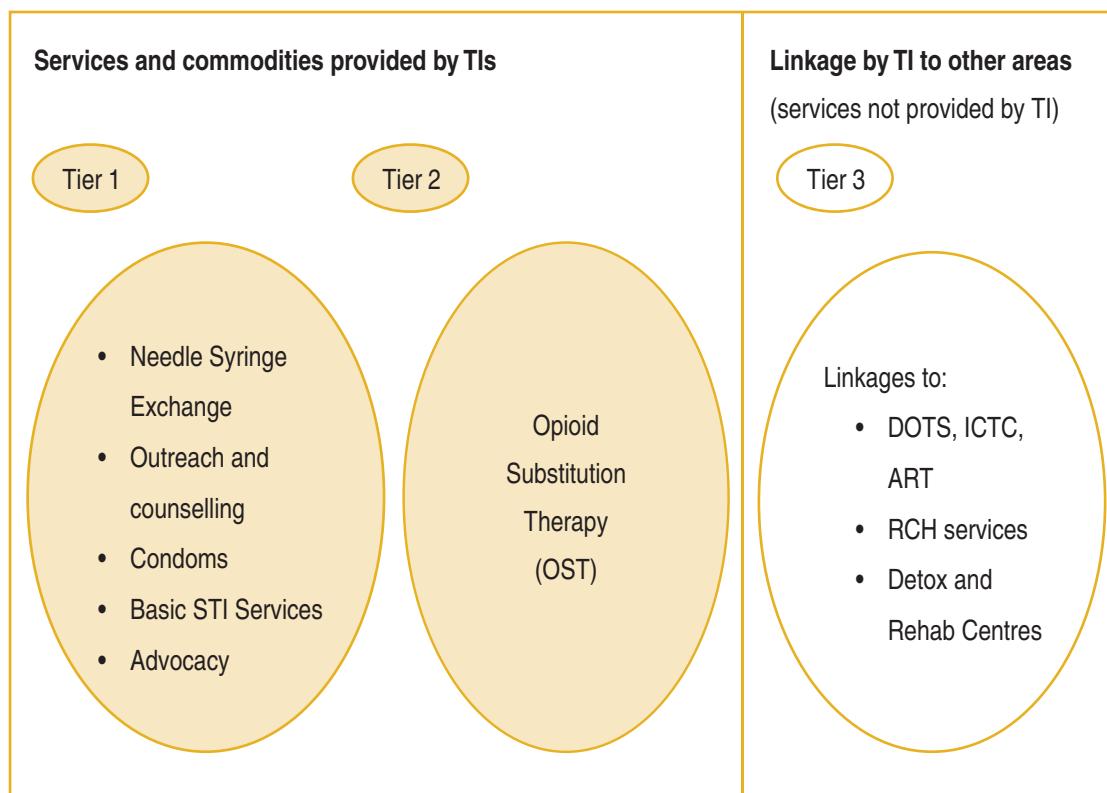


Figure 1. Tiers of Harm Reduction

¹(NACO 2008)

Tier 1: Ti Atanga Idu Ten Sevice An Dawn Theih Te

- Needle Syringe Exchange Programme
- Outreach, information education and communication (IEC), behavioural change communication(BCC)
- Condoms a thlawn a sem chhuah leh lei theih.
- HIV chungchang a IDU leh an kawppui te councelling pek.
- Primary Health Care.

Tier 2: Opoids Substitutional Therapy

- Heng atang te hian pek chhuah a ni:
 - NGO TIs.
 - Sawrkar damdawi inah te
- bruphenorphine hman mek.
- methadone hman theih tur a ruahman na siam a ni

Tier 3: Services Through Refferrals And Linkages

- **Health Services A Inkungkai Hna Awm Thei Te:** Directly observe treatment ,short cut (DOTS), Opportunities Infection (OI), Sexually Transmitted Infection STI Clinic, ICTC, ART , PPTCT, PLHA ah chuan chenna in angin tanpuina leh chhawmdawlna pek a ni. MSJE hei hian Center a enkawl bawk, private detoxification and rehabilitation centers .
- **linkages leh referrals dangte:** sawrkar damdawi in lama rilru lam enkawlna te leh awmna tur hmun,ei leh in tur leh thiam thil te zirchhuah theihna tu lama chhawmdawlna pe thei tu tur NGO te
- PLHIV leh drug user netwok dang te leh Narcotic Anonymous te tiamin inzawmna siam leh a dangte.

Services tier 1 leh tier 2 atanga pekchhuah te hi, NGO emaw damdawiin lampang atanga NGO te nen thawk ho a pekchhuah anih laiin,tier 3(referral leh linkage te) hi chu TI atanga nghet taka referral pe thei tu te nena inthlun zawmna siam leh an service

pakchhuah te hman tangkai ani.IDU TI remruatna pawimawh tak chu service te outreach fel taka induan na atangin ani a,hei hi TI in a service pekchhuana atan a a lungphum pawimawh tak ani.

Standard Operating Procedure (SOP) In A Tum Te

He Standard Operating Procedure(SOP)hi harm reduction hnuiai outreach service organization in a pek chhuah te tlawp tura ruahman leh buatsaih ani a,outreach kalpui dan leh hna thawhna te endik te,ruahmanna siam leh kaihruaina chungchana IDU TI staff ten chak awka hma an lak theihna tura siam ani bawk.

SOP In A Tum Ber Te Chu:

- Outreach team ten outreach ruahmanna leh kalpui na turah thawpna pr tu tur
- Project manager in tha zawk a hna thawh leh endikna leh thlawpna te a pek theih nan
- Hna thawh dan leh kalpui na tur a tehfung siam

Chuvangin he SOP hi TI in IDU te tana a ruahman na a thawktu staff zawng zawng te tan ani.A bik takin IDU/TI hnuiai ORW chuan he SOP hi hmang tangkai zual bik tur ani.

2. Outreach – Ngaihtuahna Tlangpui

Outreach chu awmze nei tako harm reduction service pe tur a inchiu thinte leh an kawppuite an chetlatna hmun a va panhnaih hi ani.

2.1 Engvangin Nge Outreach Hi A Tul/Pawimawh?

Chin dan thin pangngai ah chuan,service te pechhuak tura pan hnaih dan ber chu,center te siam a,client center rawn tlawh tu te mamawh phuhrusak ani. Amaherawh chu,tu pawh nun dan phung hlauhthawn awma awmte hi ‘High Risk Groups’(HGR’s) ti a koh/vuah an ni a.Heng mi te hian center a kal chu an hreh tlangpui thin a,hei hi a chhan chu:

- Damdawi hman sual hi khawtlangin a pawm loh vang ani.Mipui vantlang te hian damdawi ti/hmgan thin te chu an enhniam thin tlangpui a,hei hi a bik takin damdawi hmanga inchiu thinte tan chuan thudik/a dik ani.
- Damdawi a nilo a hman hi dan phalloh ani. Hei hian IDU te chu service dawng tura an

kal na kawngah a nghawng tel ani.IDU te chu inthupin an an inpholang duh thinlo ani.

- Service provider thenkhat ten, IDU te an mahni hriatchian hma a ngaihdan lo siam emaw,lo neih thin avang te hian daidan na IDU ten service an dawnna turah a siamsak thin ani
- IDU te nitin nundan phung chu pawisa ngaihtuah,damdawi zawn leh inchiu te ani a,hetiang anih avang hian thil dang an mamawh te leh tanpuina lampang an ngaihtuah theilo ani.

A chunga tarlan tak te avang hian,service provider te chuan IDU te chu an awmna hmun ah leh an tamna hmun ah te kalin an zawng chhuak tur ani.Service hetinga ruahman lawkna fel tak nei a kalpui hi outreach chu ani.IDU te leh an sex partner te chu ORW leh PE te kaltlangin;thisen atanga inkaichhawn theih natna te titllem tur chuan needle leh syringe mai bakah inchiuna hmanraw dang te inhmantawm lo tura zirtir hi harm reduction atana inkaihhruaina atana pawiawh tak ani.

Outreach Enables

- Service pek chhuah tur felfai tak ruahman leh IDU inthup te,endawng leh enhran tawkte va tlawhchhuah
- IDU thar te hmuhchhuah
- Service dang an mamawh dan azirin heng- DOTS,STI,ICTC,ART te nena inzawmna siamsak leh he inzawmna atanga hriselna lampang a service awm te an hman tangkai zawk theih nan.
- Service awm te pan-entiran primary healthcare
- IDU thenkhat DIC pan ve duhlo leh service pawh dawng duhlo te va tlawhpawh
- Inchiu mite khawsa zia,damdawi inhman tawm dan kalphung, IDU te inzawm dan leh hlaauthawn awm a an awmdan te zirchian leh hriathiam
- Field atanga hriattur tul te fawmkhawm/lakhawm a,heng thil hriat te hi ruahman na siam nan te,outreach hlawhtlin nan te leh chona(challenge)awm te hmachhawn nan te a hman tangkai.

2.2 Outreach Atana Kaihruaina

IDU te tana outreach hi chet dan tamtak, inkungkaih kual vek si leh inringtawn vek si ani. Chetdan emaw kalphung pakhat zawm anih loh chuan a pumpui a outreach thil tum zawng zawng a khawih buai thei ani. Hlawhtling taka IDU te service dawng thei tura outreach dan te chu thil chi thum ah a inghat a:

- **Inzahtawnna:** service pe tu te chuan IDU te chu an nihdan ang angin an zah thiam tur ani
- **Team work:** outreach pekchhuah hi team work an a,team rintlak tak chuan service tha leh zual zawkin a pechhuak thei ani.
- **Non-judgmental:** service pechhuak tu te chuan, an hna thawh lo hmangtangkai tu te chu a diklo zawnga an mahni chungchang ah ngaihdan an siam zung zung tur anilo. Hetianga ngaihdan lo siam hian service pekchhuah hlawhtlina ah outreach tiamin a ti bahlah thei ani

2.3 Outreach Kaltlang Service-Te

Outreach hlawhtling tak nei tura remruatna ah chuan, area in a a tuam china IDU te a lo berah 80% te chuan a hnuai tarlan peng hrang tamzawk te hi a mal milo ain a hlawmin a dawng tur ani

Outreach Kaltlanga Service Pekchhuah Te

- ◎ Zirtirna,fuihna leh thu bengvarthlak mimal emaw a hu ho in heng ah te hian hriattirna pek:
 - Human Immuno Deficiency Virus(HIV), Hepatitis B Virus(HBV), Hepatitis C Virus(HCV), STI te laka hlauhthawn awm a awmna leh engtiangin nge hengah te hian hlauthawn awm a awm dan
 - Inchiu dan him zawk leh mipat hmeichhiatna him zawk a hman, overdose vendan leh pumpehlhan bakah enkawl dan te telin
 - Pan enkawlna,STI hmuhchhuah leh enkawl,HIV test,ART leh TB enkawl,heng te hi DIC ah emaw hmun dangah te enkawl theih ani
- ◎ IDU te leh an kawppui ten an mamawh dan anga a hnuai tarlan te semchhuah:
 - Needle leh syringe thar
 - Pan ven na hmanrúa-alcohol swab te,cotton swab te leh distilled water te.
 - Condom-a tlawni emaw lei turin
 - Mmawh anih huna hman mai tur IEC material te
- ◎ Needle leh syringe hman hnu te lakkhawm/khawnkhawm
- ◎ Referral service- a rem danin hriselna lampang enkawl tu te leh agency dang ah te

²WHO, UNODC, UNAIDS technical guide for countries to set targets for universal access to HIV prevention, treatment and care for injecting drug users.

2.4 Outreach Kalpuina Atan A Thawktute - Tihtur Leh Mawhpurna

Outreach chu team anga kaihruai in buatsaih ani a,a tihna hmun tur ruahman sa vek ah,service pek chhuah dan tur pawh ruahman sa thlap pekchhuah ani .Outreach team ah chu a hnuai mi te hmanga siam ani:

- **Outreach Workers**
- **Peer Educators**

Heng bakah hian,mamawh dan a zirin counsellor/nurse chuan outreach a kaihruai ve thin tur ani.A tawp berah chuan project manager chuan outreach area ah field visit neiin,engtiangin nge outreach hna te pekchhuah anih tih a endik tur ani Hei bakah hian a vai a enkawlna leh inkaihruaina bakah outreach dan endik techak tawklohma lai te hmunchhuah leh stock enkawl chungchangte hi a mawhpurna ani bawk.

Outreach Workers

Outreach worker chu a hmanglai(current user)emaw lo hmang tawh thin ani tur ani.ORW chuan PE te chu ruahmanna siam na ah leh outreach an kaihruai dan ah puiin an endik anga,service an pekchhuahdan te enfelpuiin,hna thawh dan kalphung tha zawk te ruahman puiin,PE te hnen atang chua data leh hrittur tul leh pawimawh te a lakkawm tur ani.Hmun thenkhat ah chua ORW chu inchiu mi nilo(non-IDU) an ni ve thei tho a,amaherawh chu ram leilung awmdan a hre chiang hle tur ani a,chu mi hmuna an tawng hman chua a thiam tur anih mai bakah khawtlang inkaihruai dan leh inrelbawl dan a hre chiang tur ani.Hei bakah hian ORW chuan IDU community chu inlaichinna tha

tak a neihpui tur ani a, IDU ten eng harsarna nge an tawh thin tih pawh a hriathiam pui tur ani.

ORW Tih Tur Leh Chanvo,Outreach Ruahhmana Ah:

- Hotspot a IDU te leh PE te rawn chungin outreach plan a siam tur ani
- A hnuiai PE te chu kartin work plan awlsam tak a duanpui tur ani
- Social mapping hmangin target area list a siam tur ani
- Regular takin PE te nen outreach activity te chu a kaihruai tur ani
- PE te hna thawhdan leh outreach dan chu a endik tur ani
- Outreach visit neih apiangin harm reduction hmanrua te chu chaklak lo a hman tur a ruahman tur ani
- Agency dangte nen inlaichin na leh referral service chungchang ah thaw ho na a siam tur ani
- HIV/AIDS,hepatitis,STI,inchiu dan him zawk,mipat hmeichhiatna hman dan him zawk,overdose enkawldan leh IDU te tana service awm chungchang ah te hriat tirma leh zirtirma a pe tur ani
- Secondary outlet te nen hunbi nei takin sawiho na hun a ruahman tur ani
- Boruak muan awm tak siam turin stakeholder te zirchianna advocacy neih pui
- PE te hnen atang leh field atangin data hman tangkai tur te lakkawm

Outreach Worker Tha Tak Ni Tura Tehfung Te

- Midangte an landan lah awmdan atanga thutlukna siam chinglo leh IDU community tan a thawh inhuam
- IDU TI a lo thawk tawh leh tawnhriat lo nei tawh(duhthusam)
- Peer educator te kaihruai thei tu tur leh TI staff senior zawk ten an kaihruai theih tur
- Thiamthil remchang tak leh awlsam taka hmang thei
- Inbiakpawh na tur atana thiamna nei tha tak
- Thawhna hmuna tawng hman(local language)a thiam tur ani
- Document siam thiam emaw vawng tha thiam
- Group discussin tenau kaihruai thei tu tur

Peer Educators

IDU TI a peer educator te chu damdawi ti lai emaw lo ti tawh thin, IDU ten an nungchang leh nundan phung te anlo thlak theihna tura thawk tu te hi an ni. PE te chuan HIV, STI, hepatitis, harm reduction leh overdose chungchang ah te hian zirtirna a pe tur ani a, hei bakah hian condom hman chawilar leh IDU te group discussion leh meeting a tel tura sawm te hi an mawhphurhna ani. PE pakhat chuan IDU 25-40 zel a ho tur ani. PE te thlan leh lak hi IDU TI ah chuan thil pawiauh tak ani.

Outreach Na A P.E Te Tih Tur Leh An Chanvo Te Chu Heng Te Hi An Ni:

- Outreach kaihuai leh IDU te biakpawh, a lo berah ni 15 chhungin vawi 1 tal ani tur ani
- IDU thar te zawn chhuah leh va biakpawh
- Tawngkam hmanga inbiak pawhna siam

- Service te hmang tangkai tura fiuh(needle leh syringe leh condom te)
- IDU te chu DIC a kal fo tura an rilru siam sak
- Inchiu dan him zawk leh condom hman dan dik te zirtir
- Group discussion te ruahman a, tel ve tura sawm
- Stakeholder te nena advocacy neih
- Referral leh inthlunzawmna chungchang a hriattirna pek
- Field diary emaw note bu ah te tha taka hna thawhdan ziah
- Report siam
- Weekly planning ah te leh review meeting ah te tel
- PE thar te zirtir(project chhung leh pawn lamah)

Thlirna Hrang Hrang Atanga P.E Tura Duhthusam

Target audience	Tu nge pe ni tura duhthusam
Hmeichhe inchiu thin te	Hmeichhe inchiu lai emaw, lo inchiu tawh thin
Hmeichhia inchiu thin mahni inzuar thi ni bawk	FIDU sex worker-ti mek emaw ti tawhlo
Mipa IDU.	Mipa IDU ni mek emaw ni tawhlo(ex user)
Mipa IDU te kawppui	Ex user emaw ti mek te kawppui
IDU MSM ni bawk te	MSM IDU

P.E Te Thlanna Tura Tehfung Te

P.E te a an thatna/nihna en tur te:

- Project tana hun pe thei tu tur
- Target community(IDU te) in an pawmtheih tur-rinna, an mi hriat, tawng ah, an nihna(gender) leh kumah te
- Tualchhung chinchang hre tak
- Midang te zahthiam leh dawhthei
- Mhni inrintawkna nei leh hotu ni thei tur
- Midang thu sawi ngaihthla thei leh tawngkam thiam tak
- Midang te entawn thei tur
- Field atanga thil zirchhauk thiam tur
- Inpekna-IDU ten harsatna an tawh pawh a tanpui thei tu tur leh hun siamsak thei tu tur
- Thuruk vawng thei ani tur ani a, IDU community te hlutna hrethiam thei tu

Auxiliary Nurse Midwife(ANM)/Counsellor

DIC a hna pangngai bakah, ANM/consellor chuan field visit te neiin outreach a tih tur te chu a kalpui tur ani. Counsellor chuan project manager chu project area a outreach service pek chhuah dan te endik puiin a tanpui tur ani

ANM/Counsellor Ten Outreach Na A An Mawhpurna Leh Chanvo Te Chu

- IDU thenkhat DIC a kal ve theilo te hnena conselling mek(mimal emaw a hu ho in)
- DIC pan ve dulo IDU ten DIC a kal ve thei tura fuih
- IDU te chu HIV test nei tur leh referral service dangte hmang tangkai tura fuih leh tur.
- IDU kawppui te hnaih theih nana home visit neih
- IDU ten outreach team te hnathawh leh outreach kaltlanga service an dawn theih te hrethiam thei turin Focus Group Discussion(FGD)buatsaib
- Khawtlang nena inbiak ho na neih leh an hnen atanga an hmuhdan te hlawkpui dante leh an ngaihdan te hriat

Project Manager

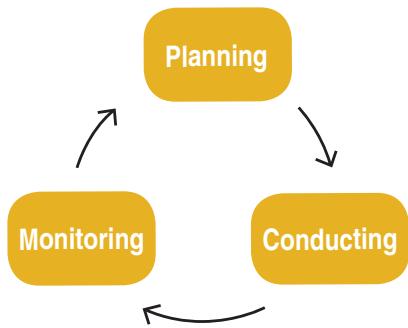
Project Manager(PM) chu TI staff te zinga a senior ber leh midang te outreach lamah leh IDU TI a service dang pekchhuah na ah te kaihruai te ani. Outreach activity te chu project in a tum leh a ruahman lawk angin kalpui anih leh nihloh a enfel in a tichiang tur ani. PM chuan outreach team ten field ah eng ang chona nge an tawh tih te leh chumilam zawng a rilru pek te leh staff te chetdan dan an hna thawna ah a dan sang tur ani.

PM In Outreach Innghahna A An Chanvo Leh Mawhpurna Te:

- Outreach team te chuan outreach an neih hma in outreach ruahmanna an siam ngei ani tih tihchian
- Outreach team te chu kartin inhmuhkhawmna an neih na ah kar kalta a an outreach na ah an activity te an tihlawhtling em tih leh kar lo awm leh tur atan ruahmanna an siam em tih te a enfel pui tur ani.
- Outreach na tur a mamawh te chu DIC/ NGO ah a awm kim em tih te a enfel tur ani
- Outreach kaldan/kalphung te endik na turin inkaihruaidan kalh mang endikna a siam tur ani
- Outreach staff ten chawl emaw an awmloh pawha outreach activity te kalpui thei tho turin back-up plan a siam tur ani
- Staff bang emaw vanga hna thawhdan kalphung a buailohna turin staff dang a ngaihtuah vat tur ani
- Field visit atang te, staff te nena sawikhawmna atang te, vantlang lam atang teleh IDU te hnen atangin outreach service pekchhuah dan te endik a an hnen atanga an ngaihdan leh hmundan te ngiahthlak
- Staff te zinga burnout a lo tlem zawkna turin an tihphur dan kawng te zawnsak
- Outreach team te theina leh thiamna tihpun nan trainging leh exposure visit te hunbi nei tak a neihpui thin

2.5 Outreach Rahbi Te

Outreach chu rahbi thum ah then a ni a:



Heng rahbi chi thum te hi inkungkaih in an inkhawih tawn vek an ni.Kaihhruai dan/enkawldan hi rahbi pawimawh ber angin a lang mahse,ruahmanna leh zirtina/endikna te pawh hi field a kaldanphung landan pangai thlakdanglam kawngah te rahbi pawiawh tak ni in regular taka kalpui tur ani.Outreach sawt tak thawhtir theihna chu ruahmanna leh zirtirna/endikna ah te a innghat ani.

3. Outreach Ruahman Na

Outreach ruahmanna chu thil pakhat hmanga ruahmana siam leh service lakluhna leh follow up, hlauh thawnawm leh tihnat theihna te behchhan a hmang chung a tihdan leh remchang zawk siam hi ani. Outreach sawt taka kal tur chuan heng te hian a ti chiang ani:

- Hun pek chhunga a tam thei ang ber IDU te tuamchhuah
- IDU ckient te hnena a tha thei ang ber service pek
- TI project a thawk mek te a tha thei ang bera hmantangkai

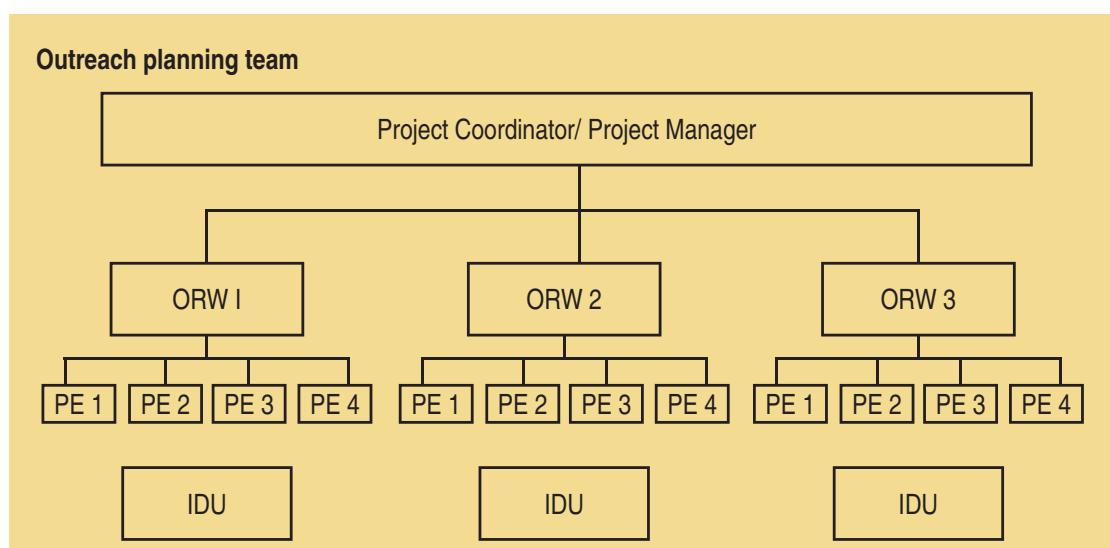
Outreach planning team ah chuan PE te, ORW te PM te an awm a. Pe te chuan field atangin data emaw hriat tur tul te an rawn keng a, ORW chuan heng an thil rawn ken te hi hmanraw chi hrang hrang hmangin hmasawn nan a lo hmang a ni. PM chuan ruahmanna chak tak leh a taka hman tlak siam nan chuan endik leh heng thil lakkhawm te hi a hmangtangkai tur ani.

- Tual chhung high risk group mapping data(hei hi SACS lampang atangin laktheih ani)
- Hotspot list(hei hi ORW leh PE ten fiel visit an neih atangin a zirchian theih ani)
- Local Behavioural Serveillance Survey (BSS), HIV Sentinel Surveillance (HSS), Integrated Biological and Behavioural Surveillance (IBBS) data (heng te hi SACS atangin lak thei ani a, SACS chu BSS/HSS/ IBBS sentinel surveillance site a awm anih chuan)
- Baseline assessment atanga hriatur emaw thu pawimawh te

Team te chuan ruahmanna awlsam leh tangkai zawka siam tur chuan heng tarlan tak te hi a tam thei ang ber an lakkhawm tur ani.

Outreach Ruahman Nana Hmanrua Te

Outreach ruahman na te ti awlsam tur chuan tanpuina

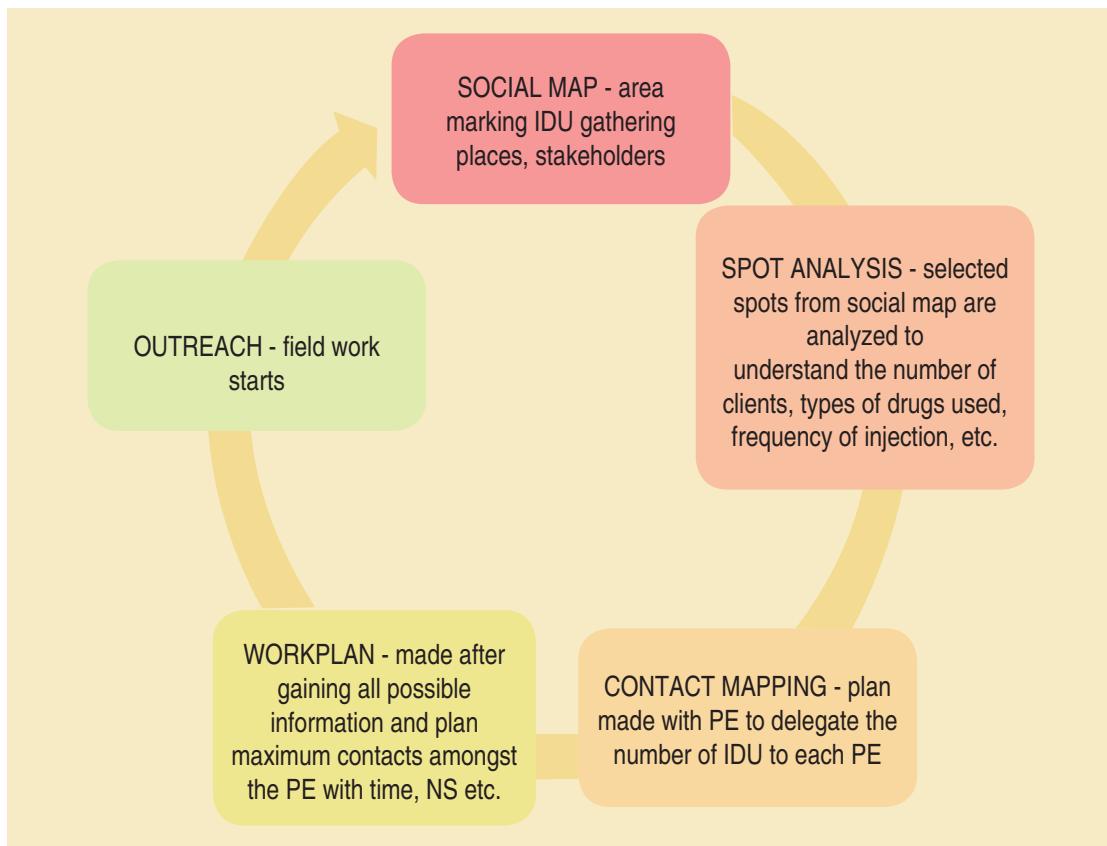


Ruahmana siamfel tura thutkhawm tak tak hma in, a hnuai mi te hi lakkhawm a hman inring reng a dah tur ani:

- Geographical map te TI in a tuam tur area atangin(heng te hi khawtlang hruaitute hnen atangin a lak theih ani)

enge maw zat a ngai a ni, TI IDU in hmanrua a hman tlangpui te chu:

- Social mapping.
- Spot analysis.
- Contact mapping.
- Hna thawh dan ruahmanna
- Outreach activities.



3.1 Social Mapping

Social map chu IDU te awmkhawmna emaw kalhawmna hmun(hotspot) area riruang a lema entir a khaikhawm hi ani. Hei hi hmuh theih a IDU te awmkhawmna hmun leh service pekchhuahna hmun heng-damdawi in te, NGO te, clinc te leh referral center te ziahlanne ani.

Social map chu tualchhung awmdan ang zel a tihdanglam ve thin ani. Hotspot te chu a inhlak emaw insawn zin viau chuan thla hniih emaw thlathum dan zelah siam that tur ani. Hotspot inhlak zin vaklohnna hmun chu thla ruk dan zelah siam than ve tho tur ani.

Tu Ten Nge Map Chu Ziak Ang?

IDU te leh ORW in a ho PE te

Map Chu Engtianga Ziah Tur Nge?

Chart paper, pencil, colour pencil, scale leh mamawh tur ang te chu ruahman hnasak tur ani a. Map ziak tur te chu thendarh in, hmun pawiawh te chu ziak tur ahrilh tu ani a, a ziah nan chuan minute 20 pek tur ani.

OEW chuan social mpa pakhat a nei tlangpui thin a, mahse area chu a zau lutuk chuan thensawm in, chung a then sawm te chu social map ah a ziah leh theih ani. Mapping chu ORW leh PE ten field ah emaw DIC ah an ziak thei ani. IDU te pawh mapping na ah hian an tel tur ani a, heng thil te hi senior staff ten an enpui tur ani a duhthusam ah chuam PM in a ho tur ani.

Enge Social Mapping Atan A Pawiawh?

Social map ziah nana pawimawh ber chu a hmun landan en theih tura pek ani. Hei hian PE te ten hmun kawhhmuhnna atan te i.e chhim, hmar, chhak etc., IDU te inhmihkhawmna hmun te, a vawrh/zawrh na hmun te, biakin leh thlanmual te, damdawin leh NGO te leh referral center te chiang taka an hriat theihna tur leh outreach ruahmannna fel tak leh hlawhtling tak siamna a pui ani. Heng tarlan tak hmun te hi chiang takin chhinchhiah tur ani bawk. Social map tinah

zawn awlna dah vek tur ani.Heng zawn awlna te hi map hriathiam tir tu atan leh a chhiar awlsam nana a kawktu ber ani.

Engvangin Nge Hmun(Spot) Te Chu A Mal Te Te A Endik A Ngaih?

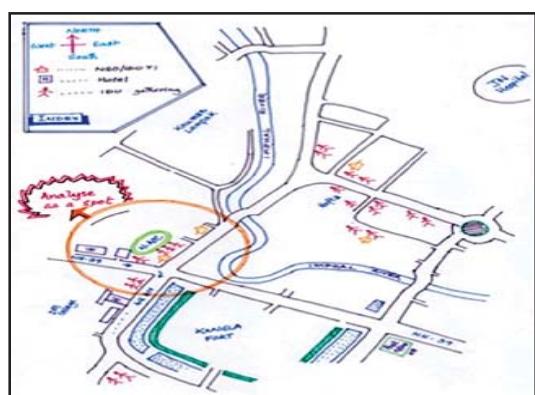
Social map tinah chuan IDU ten inhmuhkhawm nana nitin an hman thin hmun a awm a.He hmun hi endik leh enfiah a pawimawh ani.Outreach ruahmana hlawhtling tak nei tur chuan heng hmun te hi' Spot Analysis' hmangin a endik theih ani

Sample maps are given below:



Sample 1

Social map ziah zawk hnu ah chuan,hotspot pakhat chu social map atang chuan thlan chhuah tur ani a.Uluk lah kimchang zawk a endikna/enfaihna neih tur ani.Map dawt leh ah chuan,a eng(yellow)a rinbiai na hmun chu outreach service tha ber atan zirchian leh tur ani.



Sample 2

3.2 Spot Analysis

Hotspot chu IDU ten nikhat chhunga vawi tam tak inhmuh khawmna atana an hman,soacial map atanga lakchhuah ani.A tum ber chu a hun dik taka IDU tam thei ang ber hmuh leh service te pek a reffer an ngaih chuan referral siam te ani.An mahni project area a mamawh an va hriat chhuah te hi lawrkhawm leh ani.

Heng spot te hi an awmna hmun a zirin a danglam theuh a,project hian a talngpuiin site/hotspot hi pakhat aia tam an nei vek ani.Spot analysis chuan IDU te an awmna hmun a zirin a then hrang a:

- An hmuh theih hun-IDU chu damdawi lei tur te,inchiu tur leh inchiu zawk hnu a hahchawln na te kal bikna hmun an nei thin a.An awm hu chhung chu chhinchhiah tur ani a,heng hun te hi zing, chhun, tlai emaw zan te pawh ani thei ani
- IDU kum zat
- Inchiu nana damdawi hman
- Inchiu zat-Hei hi a ni khata a inchiu zin/tam dan atanga chhut ani.Hei hi hetinga theh hran an ni- high volume(nikhata vawi thum aia tam inchiu),medium volume(ni khat a vawi khat atanga vawi thum)leh low volume(nikhata vawi khat aia tlem)

Inchiu tam lam chhut dan awlsam dang leh chu-IDU te chu hmun hnih ah then an ni a-nitin inchiu thin te(nilhat ah vawi khat tal inchiu thin) leh nitin a inchiu ve lemlo te(nitina vawi khat pawh inchiu lo te)an ni.Hetianga then hran hi a awlsam bakah tu ten nge NSEP service dawn mamawh tih chiang takin a tilang bawk ani.

Spot analysis format chu Annexure 1 anga pek ani a

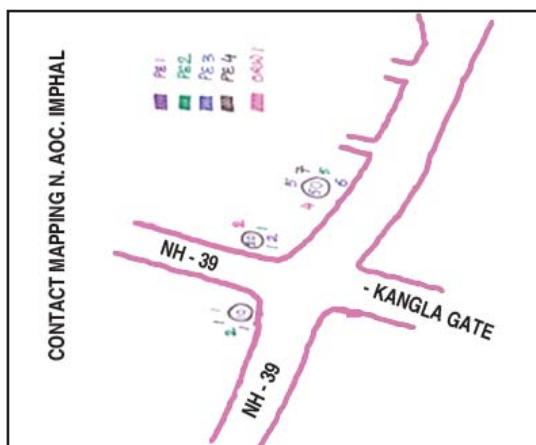
Tute Nge: ORW te leh PE te, IDU client te nen senior staff te a ho

Entin: IDU te nena group discussion neihna atanga an mamawh te hriatchhuah atangin.

Social map leh spot analysis te inhlunzawmna te hrilhfiah,a hnuai zawhna te hi zawh tur ani:

- Mamawh zichian anih laia dinhmun atangin enge zichhuah?
- Eng ang hriatna nge IDU te spot a zirchian chungchangah neih ngai?(client te inchiu tam lam, IDU typology,kum zat,nitn/kartin a an inchiu tam lam)
- Engtik hunah nge kal tur/.Hei hian a thawh hun chhung a hriattir bakah kartin eng tianga inkaihhruai nge a mgiahdan tam lam a hriat theih ani.
- Analysis exercise ti kim tur chuan a tel zawng zawng te chu then darh tur anni
- Exercise te tih zagh anih hnu chuan,group tin te chuan analysis ti tura an thil hman te an sawi ho tur ani
- Spot tan enge endikna tih leh enge ruahman na te chu?

Spot analysis hi spot a inhlak apiang a tih tur ani. Inhlak danglam a awmlo anih chuan thla ruk dan zela tih tur ani.



Example : Spot Analysis

Spot analysis neih hnu ah chun client ni maithei(PWID) hming leh code number chu format dang "contact mapping" tih ah chuan ziah luh tur ani. A chunga lemziak ah khian, number thaibial te hi IDU tam lam ani a, rawng chi hrang hrang te hi PE leh ORW te an ni. Entir nan-IDU mi 50 zingah, $6+5+7+5+4=27$ te hi hriat an ni a, a dang 33 te chu hriat an nilo ani. Outreach team chuan spot lain vaklo ah hian engtin nge mi 50 te contact a pun theihna tur ruahmanna a siam tur ani.

3.3 Contact Mapping

Contact mapping chuan a tel zawng zawng te chu, spot tina an IDU contact te map thei turin leh an mamawh te hriat emaw zawnchhuahsak thei turin a tanpui ani. Spot anaalysis zagh anih hnu chuan, IDU client ni mai thei te hming chu contact mapping format ah chuan ziah a ni.

Tu Te Nge: PE Outreach Worker Ten A Thuam

Engtin: group(PE te leh ORW te) te chu an mahni hmunah te thendarh an ni a, heng a hnuia tarlan te hi an zawm tur ani:

- Group tin te chuan khau emaw a hmun leh IDU awmzat te an ziak tur ani
- Rawng hmanga chhinchhiahna pek tur ani-ORW tin te PE te chu rawng hran hmangin an IDU neih zat te nen an chhinchhiah tur ani
- Tianga rawng hmanga chhinchhiah hian tu PE ber nge an hotspot a awm(suitable) ber chu a tilang chiang dawn ani
- Heng zaghna te hi chhan bawk tur ani: khawiah nge contact chu a tawp/tawp chin a neih? enge a chhan? engte nge chung area/hotspot ah chuan contact ti tam thei tura tih ngai te

Tu in nge tu hnen a thlen a,tu te nge a thlen loh tih zirchian/chhuichian tur ani.He exercise hmang hian mi pakhatin a contact te chu chiang takin midang(ORW emaw PE)te pawn an hre thei a,heta tang hian invuakthuah(overlapping)tur te a hrait theih ani.

Example: Contact Mapping

Contact Mapping					
District <u>Imphal</u>		Taluk	Name of Town <u>N. AOC</u>		Date of exercise
Estimated number of IDU in the town			<u>80</u> IDUs.		
Contacted number of IDU in the town			<u>30</u>		
SL No	Name of Spot	Peer 1 Name of contacts	Peer 2 Name of contacts	Peer 3 Name of contacts	Peer 4 Name of contacts
1	<u>N. AOC .</u>	<u>Raju</u>	<u>Babbloo</u>	<u>Ramach</u>	<u>Dhanraj</u>
2	"	<u>Suresh</u>	<u>Lokikanta</u>	<u>Suresh</u>	<u>Kanta</u>
3	"	<u>Tomba</u>	<u>Bonio</u>	<u>Akimbo</u>	<u>Mobi</u>
4	"	<u>John</u>	<u>Jyotin</u>	<u>Jackie</u>	<u>Michall</u>
5	"	<u>Bobby</u>	<u>Dinesh</u>	<u>Vikash</u>	<u>Pappu</u>
6	"	<u>Naresh</u>	<u>Amitab</u>	<u>Rajen</u>	<u>Ejen</u>
7	"	<u>Manoj</u>	<u>Sarinder</u>	<u>Tom</u>	<u>Naoba</u>
8	"		<u>Parijat</u>		<u>Neelkanta</u>
9					
10	Total -	7	8	7	8

Geographic leh social inthlunzawmna te hian outreach ruahmannna tha zawk a siam ani.Tiang bawk hian risk leh vulnerability exercise te pawh spot analysis hian a tuam tel vek ani.

3.4 Work Plan

Hei hi outreach ruahmannna zawng zawng te hmanchhuah na ani a,work plan te pe chhuakin,IDU te mamawh leh service an mahni nunphung a

zirin pekchhuah ani bawk ani.2)Field chhehvel leh awmdan te chu rang takin a inthlak fo thin a,hei vang hian site thenkhat te chu kartin ruahmannna siam a ngai thin ani,mahse site tamzawk te chuan thalatin ruahmannna siam leh work plan te ennawn an mamawh thin ani.

Tu Te Nge: PE leh ORW te chuan IDU te mamawh hriatchian nan leh phuhruk nan work plan an siam thin

Engtin Nge: spot analysis,social mapping,contact mapping leh gap analysis te hmangin,team chuan area tin te outreach hmanga cover turin kartin ruahmannna an siam tur ani.PE tin te weekly plan chu mamawh danglam dan a zirte,spot te leh nundanphung a zir te in a danglam thin ani.



Planning a meeting

4. Outreach Kalpui Dan

A hnuia tarlan te hi outreach na atana rahbi zawm tur te chu an ni:

Step 1: Idu Leh Mipui Vantlang Te Nena Inlaichinna Tha Siam

Hei hi khawtlang a outreach kaihruai dawn a sawiselna emaw harsatna tawh ani thin a. Inlaichinna tha chuan outreach team ten service an pek chhuahna ah buaina leh harsatna tawk lo in service an pe chhuah theih phah ani.

Step 2: Field A Service Pekchhuah Leh, Dic Leh Service Danga Reffer:

Outreach ruahman lawkna, a hma a tarlan tawhte chu dan ang thlapa field a service pekchhuah anih hman in zawh fel tur ani. Hei hian a hun takah IDU te chu service te hmang turin a tuam vek tir thei ani

Step 3: Chettlatna Hmun Nuam Tak Siam:

Chettlatna hmun nuam tak siam hi service pek chhuah nan leh dawn nana thil tul ani. IDU hmuhsit leh endawng te chu an mahni an inthup in service pawh a dawng tha ngam lo ani. Outreach team te chuan heng te avanga service pekchhuahna dalto te hi hrethiamin, IDU leh PE te chu kawmin hetiang mil zawnga advocacy emaw campaign te an buatsaih tur ani

Step 4: Documentation Leh Analysis:

Service pekchhuah te chu fel taka document tur ani a, heng data te hi ruahmana leh inkaihruaina dang siam anih hmanin enfel hmasak tur ani. PE leh IDU te rawn chunga enge harsatna te awm tih hriathiam hnu ah ruahman na hi siam nawn ani thin ani. Documentation chuan target in a tuam chin leh regular taka service hmang tu te chu a tum(focus) bik tur ani. Khaihlakna emaw hriathiam loh ngaihtuah fel tur te a awm anih chuan senior staff emaw PM rawn tur ani.

Khawi Hmunah Nge Outreach Tur?

Outreach chu hotspot hriatchian ah leh IDU ten inchiuna hmun leh punkhawm nana an hman hmunah te kalpui theih ani.

- IDU te leh an kawppui te inhawkhawmna hmun(damdawi lei na leh inchiuna hmun te)
- Damdawiin lam leh social support services pek theihna hmun hnaiah te
- Mobile outreach units-mobile van

Outreach Hun Chhung Chu Engtia Rei Tur Nge?

Outreach chu IDU te kalkhawm hunah a ni tur ani(entirnan-damdawi lei tura an kalkhawm hunlai). Hei hi zing karah emaw tliai lampang ah te ani thin ani. Staff (ORW leh PE)service pechhuak tu te himna tur ngun taka ngaihtuah tel tur ani bawk.

Outreach Chu Tu In Nge Ho Ang?

PE chuan outreach chu a ho tur ani, PE tin te chuan IDU te chu mimal a kawmin, needle, syringe, condom leh thildang te an mamawh dan a zirin an sem tur ani. Outreach worker te chuan an enpui in a tul dan angin an puibawm tur ani

Ni Khat Chhungan Client Engzah Te Nge An Served Theih?

Nikhat chhunga contact theih zat te chu terget leh ruahman lawk dan a zirte, a hmun azirte, pungkhawm zat a zirte leh an inchiu tam dan ah te a innghat ani. Spot analysis leh contact mapping te hian nikhat atan a ruahman na saim thei ani. PE pakhat in IDU 25-40 outreach target atan a nei a. Maherawh chu IDU zawng zawng te chu nikhat chhungan Pein a hmu vek kherlo thei bawk ani. Hetiang anih chuan PE chuan engtiangin nge a target te chu ni hnii danah a hmuhkim vek theih ang tih ruahman na a siam tur ani. ORW chuan PE in a tum te a ti hlawhtling theilo anih chuan a tih ai a tihsak mai tur ani.

Engte Nge Outreach Lai A Ken Tur Te?

- Sahimna atan ID card, NGO thenkhat chuan district SP lehkha chulai hmun NGO te hnathawh chu a hraitpui ani tih inziahna an keng tel thin ani.

- IEC hmanrua te
- Needle-26 leh 24 gauge
- Alcohol swab leh distilled water
- Syringes-1 ml.2 ml leh 5 ml te
- Disposable gloves-needle leh syringe hman hnu chharkhawm nan.
- Puncture proof container-needle leh syringe hman hnu te lakkawm nan
- Chaicheh leh forceps-needle leh syringe hmanhnu te chhar nan
- Condoms-semchhuah tur leh Zang(penis) lem condom demonstration tih nan
- Bakcheh,betadine ointment leh lotion, bandage,spirit leh plaster te

4.1 Outreach Kaltlanga Service Pekchhuah Te

a. Needle Syringe Program

NSEP chuan inchiu dan him zawk hman dan tih awlsam turin inchiu na hmanrua thiaghlim zawk te pekchhuah leh an hman hnu te him zawka thehthang dan zirtir te hi a zirtir leh tum ani

- Needle leh syringe thiaghlim hman hi HIV leh thisen atanga natna inkaichhawn theih laka venhim tu ani a,chuvangin needle leh syringe mamah dan anga pekchhuah hian natna hrik lak atang atang an lo fihlim zawn na inchiu dan him zawk a kawh hmuh ani
- Needle leh syringe te chu IDU in a mamawh dan a zirin a pechhuak tur ani.Hei hi field

a IDU te mamawh dan hriat hnu ah a chhutchhuah theih ani

- Needle leh syringe leh medi-swab te sem chhuah lai hian inchiu dan him zawk te hrilhhriat nghal tur ani.Inchiu dan him zawk chu PE te an entir tur ani.

Needle leh syringe hman tawh hnu te lakkawm/khaawhkhawm hian hman tawh hnu te hman nawn leh mai na tur a titem ani.Pe te chuan needle leh syringr hman hnu te chu a thara tleng turin emaw dahlet turin IDU te chu an fuih tur ani.Inkaihruaina dan chu lakkawm lai te,him zawka thehthang lai te in tha takin an zawm tur ani.

Needle leh syringe hman hnu te lakkawm nana inkaihruaina chu'Guideline on Safe Disposal of Used Syringe in the Context of Targeted Intervention for Injecting Drug Users-NACO 2009'tih a khan chiang takin a inziak a,heng inkaihruaina te pawm leh zawm hi a pawimawh hle ani

b. Behaviour Change Communication (BCC)

Engo: BBC chu community te nena inpawhtlanna hmanrua chi hrang hrang hmanga thu tha tak tak te hmanga nundan dik zawk an neih theih nana hmasawn dan tur te ruahman ani.

Enga Ting: behaviour change hi client te a hlauhthawn awm a an awmna tihniam na atana thil pawimawh tak pakhat ani.Mipui te hian a nihna hriat chian tum ai chuan an hmawl tlangpui thin a.Chuvangin,ruahmanna fel tak hmangin IDU te chu inpawhtawnna emaw inlaichinna nghet siam na kawng ah te inhnamhnawih tirin,hei hian nun a siamsakin a tidanglam thei dawn ani.

Target group	BCC thil tum te
IDU	Inchiu dan him zawk leh mipat hmeichhiatna him zawk hmang tura nunphung tlak sak
IDU te kawppui	Mahni inenkawlna lamah hriatna zau zawk an neih na tur a puih,nun dan phung him zawk an kawppui te nena an neihna tura puih leha tul anih chuan reproductive health care te pan

¹The details can be found in the SOP on NSEP developed by UNODC as part of the GFATM Round 9 program.

Entin Nge:

- Mimal leh mimal:IEC hmanrua leh flip boo/chart te hmangin.Inchiu dan thiaghlim leh mipat hmeichhiatna him zawk an hman theihna tur a an rilru sukthlek tir.Inchiu dan him zawk kimchang zawka a inziahna chu pan chhia laka invenna leh enkawlna SOP ah a inziak ani.
- Group education:mi pahnih aia tam leh mi pariat aia tlemte hi a tawk chauh ani. Group education chu hriatna in share tawn leh thiamthil in zirtir tawnna atan te hman tangkai ani
- Counselling:chu field ah pawh a tih theih a mahse DIC a tih hian a hlawkthlak zawkk ani
- IEC: ah hian brochures,poster,street play,flip chart te a tel a,IEC chu nunphung hhlauhthawn awm te a bik tara ngiahvenna tura tarlanna hmanrua ani.

Behaviour change communication chu heng ah te hian a insawr bing tur ani:

- Damdawi in a kaihnawih pawi thleng thei te
- Thil pawi thleng thei te tihhniam

- Inchiu dan him zawk hman-NSEP te leh overdose ven dan leh enkawldan
- Mipat hmeichhiatna him zawk hman leh zirtir
- Pan/hliam te ven dan leh enkawldan
- IDU ten condom hmandan dik leh inchiu dan him zawk chunchang a an theihna leh thiamna te tihpun
- Stake holder te hnen atanga thawpna dawn theihna turin advocacy te neihpui

Hei bakah hian topic dang te chu IDU te nena sawiho na neih atanga ruahmana ani tur ani a,entir nana-site ah chuan overdose a awm ngun viau thei a,tiang anih chuan,engtin nge drug overdose lo thlen dan,engtia pumpelh chi nge,tih leh engtia enkawl tur nge tih ah zirtirna pek tur ani.Naxalone chungchang a hriattur te hriat tir in,opioid overdose te nun chhanhimna tura emergency damdawi te ah pawh zirtirna pek tur ani.



Focus group discussion at the hotspot

Current IDU te nena focus group discussion neih na ah chuan drug overdose lo awm chhan te lehengtia buaipui tur nge tih te chu hriathiam na turin Imphal Manipur a hotspot pakhat ah chuan tih/entir ani. Team te chuan zawhna hmahrui rawn zawtin an zinga pakhat chuan session pum chu rawn la in a sawifiah zui nghal ani.Hemi chungchang hi thlakalta lawka overdose thleng chungchang ani a,he focus group discussion hian darkar khat dawn hun a awh ani.A buatsaih tu ten IDU te hnenah engvangin nge overdose hi a alo awm nawn theih tih chungchang ah te zirtirna pe in,overdose nena inkaih hnawih thil tam tak te an hrattir bawk ani.

Hetiang lampang hawi FGD hi issue dangah leh chona dang awm thei intervention programe tikhawlo thei te hriathiam theih na neihpui thin tur ani,entirnana-engvangin nge IDU te hian HIV te hi an hreh thin,engtinng IDU te hian inchiuna hmanrua an inhman tawm thin,condom hman chungchang ah te leh HIV/ART hlauh vangte leh thildang ah te.

c. Condom Promotion

Eng Nge: mipat hmeichhiatna him zawk a hmandan chawilar tura condom hmandan dik zirtir te,condaoom hi engvanga hman nge a ngaih tih hrilhhriat te hi ani. Mamawh dan azirin condom chu chaklak miahlo a sem chhuah tur a awm tih te endik a enfel tur ani.

Engvangin Nge: IDU te leh an kawppui te zingah condom an hmang tha em tih hriatchain tur ani.TI chuan regular taka an kawppui te chu an thlurbing tur ani a hei hi a chhan chu HIV,STI leh thisen atanga natna inkaichhawn thei thil dang kai leh kaidarh na lamah a pawimawh em avang ani.

Hman theih tura awm,hmuh maiitheih leh dik taka condom hman thin anih te hian,HRG te chu HIV laka venghim tu pawiauh ber ani .

Engtin: kalphung zawm ngai te chu -

- **Primary strategy:** a tlawn a IDU mipa leh hmeichhia te hnena condom sem,chung zinga thenkhat te chu mahni inzuar thin te leh IDU mipa te kawppui an ni thin ani
- **Secondary strategy:** social marketing agency te ho nena TI emaw Community Based Organisation te kaltlang tho si a condom zawlch chhuah chuangchang a thawh ho.

Semchhuah Dan Kawngte

- **Direct:** field ah emaw DIC a condom pek nghal
- **Indirect:** condom outlet hmanga semchhuah,heng vantlang intiarna hmun ah te,kuhva dawrah te le riahna hmun ah re

d. Referrals

IDU te lah an kawppui te mamawh zawng zawng te hi outreach kaltlangin a dawn theih vek loh a.Chuvangin IDU te leh an kawppui te chuan an mamawh ang service te dawng tur chuan hmun danga reffer te an ngai thin ani.IDU te leh an kawppui te chuan referral kaltlang a service dang dawn hi nuam an ti lo tlangpui thin a.ORW emaw PE te chuan tiang a reffer an ngaih hun ah te hian an vawikhat na tur anih chuan kalpui ngei ngei a tha ani.

e. Chettlatna Hmun Nuam Tak Siam

Eng Vang Nge: Harm reduction srevice chuan khawtlang atang te, chhungkua atang te leh dan lam lekkawh tu lam atang te in hna thawna hmun nuam tak siam tur chuan thlawpna a mamawh ani.

Eng Nge A Chhan: IDU te chuan chhan hrang hrang avangin endawng leh thinhrik na an tawkin an hmachhawn fo thin a,hei hian an service an dawn tur ang te a dawn tir loh phah fo thin ani.PE leh ORW leh staff dangte nena inrawn chungin service an dawn theihna turin boruak nuam leh service dawn theina tur hmun nuam tak an siam in an buatsaih sak tur ani.Programe hlawhtlinna te chu hetiang boruak tha siam ah hian a inngiat ani.

Entin Nge: hetiang lama tan la tur chuan,a tantirh ah dan kengkawh tu te lam leh khawtlang hruaitute ho nen IDU te chungchangah inhmuh khawmna buatsaih tur ani.

- **Dan Lam Kengkawh Tute Nena Advocacy**
Neih – harm reduction chungchang

thlawpna dawn hian nasa takin IDU client te emaw field a thawktu staff ten police te lak atanga buina lak ata a venghimin a chhanhim thin ani

- **Senior police officers**

Senior police officer te chu tlawhin,project chungchang a report te,milem te leh nitina hnathawh dan te ah hraitir tur ani

- **Ti Atangin Thlawpna Lak**

Police team te hnen atanga tlawpna dawn nan chuan chona an hmachhawn te tawmpui a,district police officer hnen atangin TI tha tak leh tluang taka a kal theih nana no objection certificate lak te,a tum te hrilhfiah chungin heng thil ten HIV inkaichhawn zel a vendan te kimchang taka hrilh tur ani.Official te chu staff te contact number te pek a, IDU an hriat te chu service dawng tura TI a reffer tura hrilh tur ani.

- **Police Officer Te Chu Damdawi Hman Chungchang A Risk Awm Te Leh Thil Ngaihtuah Fel Tur Awmte Zirtir:**

MI an rintawk hnu chuan,police lam te leh IDU te indawrna chungchang risk awmthei te hrilhfiah tur ani.Police te chuan tihpalh thil thu a needle a

intihpalh vanga natna kaitheih te hrilh in,heng avang te a dinhmun hlauhthawn awm a an awmtheih dan te hrilhfiah tur ani bawk.Hei bbakah hian,hetiang thil a lo awm palh anih pawhin Post Exposure Prophylaxis chungchang te leh an pek thaihna hmun te hrilhfiah bawk tur ani. Heta a tum ber tur chu police te chuan damdawi hmansual hi hriselna lama harsatna anih leh service tha tak an dawn chuan hlauthawn awm lakah an him ani tih hriatthiam tir hi ani.

- **Police Lam Thlawpna Te Advocacy Atana Hman Tangkai:**

Police te tana trainging buatsaiah hnu chuan,harm reduction hrethiam te chu champion ti a zirchian tur anni.Heng mi te hi nakin zel atan pawha midangte trainning pechhawng tu atan leh police dangte hnen atanga support dawn theih na tur atana tangkai tur te an ni

- **Hunbi Nei Taka Police Station Tlawn:**

District officer rawn chungin,NGO team ten an hna thawhna chungcahng a in update nan leh field a an hna thawhna chungchang ngaihtuah ngai te buaipui turin police station chu regular taka tlawn,duhthusan ah chuan thlatin tlawn ntur ani.Client chuan ama rem tihna anih loh chuan

Case Study – Advocacy Meetings

TI thawhpui thenkhat chuan advocacy meeting an buatsaiah a,he meeting in a a tum ber chu NGO ten damdawi hmasual chunchang a an hnathawh dan te leh HIV IDUte zinga darh zel ven dan te an ni a,meeting a tel ve tur hian police lama hotu lain tak tak te chu an sawm a.Meeting chu IDU TI hnuia NGO pakhat buatsaiah ani a.Police lama bel hniam lam pang thahnem tak ten an senior officer te chu meeting na ah chuan an rawn tawiawm ve a.Meeting neih hnu thla ah chuan IDU TI a stsff pahnih te chu police station ah, IDU pakhat overdose an buaipui,an buaipui hnu lawka thi ta chungchang avaingin hren an ni a.Am Maherawh chu TI NGO project director police station a a va kal chuan,station house officer chuan a lo hria a NGO in a hna thawhdan te pawh a hre bawk a.TI member te chu thingpui te inpuuin staff an hren te pawh chu a chhuah ta mai ani.He inlaichinna hian police te leh IDU TI NGO te nen inhrethiam tawn taka hna thawho na duhawm tak a siamsak ani.

anihna emaw dinhmun sawichhuah sak lo tura fimkhur tur ani,hei hian nasa takin NGO team te leh IDU te inkarah inrintawklohn a siam theih vang ani.IDU chuan NGO chu police te nena thawk ho anga a ngai anih chuan a service dawng thin te pawh a dawn duh tawhloh phah thei ani.

- An vaia tanpui tur leh inrawnkhawmna zau zawk a tel ve tura ngen

Community(IDU)te TI a neitu nihna hetiang hian siamsak tur ani:

- Collectivization:IDU te lungrualna leh tum thuhmun neia tang ho na siam
- Community events tue atana hun siamsak



Community awareness meeting in progress

- **Drugs, hiv events, police te leh khawtlang te nena meeting neih**

NGO te chuan meeting neihna a tel tur in police officer te chu,ni pawimawh(entiran-World AIDS day) te hmanpui tura a bik taka sawm tur anni.Hei hian nasa takin thawho na leh inkungkaihna a siam bakah NGO leh IDU te hriatthiamna leh thlawpna te nasa takin an pek phah dawn ani.

- **Idu coomunity te nena thawh ho –** Community te, IDU te, an kawppui te leh FIDU ho te chu service pekchhuah an a inhmanhnawih ve tura tih hian nasa takin harm reduction service pekchhuah na kawngah a puuh mai bakah, IDU te tan chuan service dawn a chakawmin heng service pekchhuah te nasa leh zual zawka hmang turin a pui ani.

- Tlawp tu te leh thlawp lo tu te zawnchhuah a, chumi zulzuia hna thawh
- Thutlukna siam tu ber leh ngaihdan siamtu ber hriatchhuah

- IDU te leh an kawppuite TI neitu ni thei tura an theihna leh tumna te siamsak.

- **Mipui vantlang te hnena awareness buatsaih** – mipui vantlang nena advocacy neih chu-harm reduction chungchang ah te, inthlirranna in mipui hriselna lama thawk ti te tana chona a siam danah te ani tur ani. Mipui vantlang mamawh te chu:

- Damdawi hman chungchang a nihna tak leh ngaihtuah ngai te chungchangah inthliahranna a bo theih nan awreness neih
- Harm reduction chungchanga hriattur tul te pek, mi tam tak chuan thil thar anih avangin enge anih pawh an hre lo thei ani
- HR hian damdawi leh mipat hmeichhiatna hman a ti hluar lo ani tih chiang taka hrilhfiah tur ani, hei hian risk a tihtlem zawk dan te pawh hrilh tur ani. Hetiang chungchang ah hian thu inhmuhloh na leh hriatthiam tawn lohna te a awm thi reng ani.

5. Documentation

Outreach activity te regular taka document hi field lampanga thil awmdan leh inthalk kual vel chhui zui nana tangkai tak ani. Chuvangin ruahmanna felfai tak siam, ORW leh PE te hna thawhdan enzui leh chhuizui hi a tul ani.

5.1 P.E Ten Mimal Mal An Chhuizuina

Engnge: nitina hna thawh dan leh service pek dan te chu PE log book maw diary ah chuan record fel ziah ani a. Field atanga rawn let hnu chuan PE chuan a record emaw data chu PE individual tracking sheet(annexture 2 en rawh) ah a sawn lut thei a. Service tlangpui record te chu:

- PE tin tan phek khat zel
- Chumi thla a IDU a hmuh hming leh code
- An dihhmun enchian na
- Needle leh syringe semchuah zat
- Condoms semchuah zat
- IDU clinic a rawn inentir te zat, ITC/ART/Revised National TB Control Programme(RNTCP) leh a dangte a reffer zat
- Police te emaw pressure group lampang atangin harsatna emaw buaina tawh avana report zat
- BCC contact zat
- Thla chhunga referral siam zat

Tu Te Nge: PE leh ORW te chuan tha zawka data van theihna tur atan daily note/data te chu two days time a sawnluh

Engtin Nge: Format(Annexture 2) hmangin kartin individual tracking grid update

Hei hian review meeting neihna ah target te khum an nih leh nihlo te, IDU thenkhat kar lo awm tura hmuh tur te update na ah a pui ani

5.2 Pe Hman Tur Form Siamsa Dang Te

- Outreach Ruahmanna Atan A Hmanrua Te: contact mapping, spot analysis, social mapping. Heng hmanrua te hi kartin a ruahmanna siam nan a tangkai a, ORW leh staff dang te pawhin he hmanrua hmang hian PE te thawh that leh thatloh an endik sak thei ani
- FIELD OBSERVATION/DAILY NOTE: nitin a vawn tur ani
- KARTIN RUAHMANNA LEH ACTIVITY SHEET(Annexture sheet): hei hi kartin a vawn ani a, ORW te hnena thehluh thin ani. PE hna thawh dan chu kartin edik ani a a chang chuan ORW chu field visit a nei thin ani

5.3 ORW Hmantur Record/Format Te

- IDU/HRG registration ah chuan IDU te hnen atanga hriat tur heng-hming, kum, sex, address etc te a awm a
- Monthly summary sheet(Annexture sheet 3)
- Kartin meeting register(planning) chu ORW in a vawng tur ani
- ORW te field diary
- ORW te weekly report(Annexture 4).

6. Endikna Leh Enkawlna Atana Ngaihtuah Fel Ngai Te

6.1 Outreach Endikna

What: a hnuia tarlan te hi kartin a endik tur te an ni:

- IDU te leh an kawppui te chu target ang leh ruahman lawk anih ang ngeiin tuam an ni em
- IDU hmuhchhuah te chu ruahman lawk ang ngei a va hmuh leh service te pek
- Needle leh syinge te chu chhut chhuah anih dan ang thalpa semchhuah
- Inchiu nana hmanrua hman thin te(swab,distilled water TI in a ngaihtuah sak)
- Demand anga condom sem
- DIC lama reffer
- Refferrals te follow –up neihpui
- Field Iam a BCC

Kar hnihil(ni 14)dan zelah a hnuia tarlan te hi endik tur ani:

- Hotspots a kal kal thar te chu enzui a register tur ani
- Client in register tawh sa,hotspot danga insawn te chu chhinchhiaha record tur ani
- Hotspot thar rawn inalr leh leilung ruangam te, IDU engzahin nge pan thin tih te endik a document that tur ani,hemi hmang hian hotspot kaldan thar tur ruahman na siam tur ani.
- IDU te chu an nunphung inthlak dan te,entirnan-eng damdawi in nge a inchiu,inchiu dan leh mipat hmeichhiatna lama nundan te chu ziakin an profile update nan an hmang tur ani

- Stakeholder te nena inkunghkaihna tha neih zel na turin meeting buatsaih tur ani
- Khawtlangin a pawmdan a tlahniam nge hniam lo tih te endik

Tu In Nge: kawng hnihil endikna chu neih ani a:

- ORW leh PE te chuan field Iam an endik a
- PM,ORW leh PE ten TI chhung an endik

Engtin Nge: PE in field a IDU ten nena an inbiak dan leh,mipui vantlang te nena an thawho dan te chu ORW chuan a endik tur ani.

Hotspot tinah chuan a lo berah IDU te chu mimal takin a kawmi ,heng te hi a sawipui tur ani:

- hunbi nei takin emaw an remchan dan azirin contact that annih leh nihloh
- neele syringe bakah inchiuna hmanrua te leh condom te an mamawh dan azirin an dawn that leh that loh te
- PE hnathawh dan emaw a nunphung/zia te chu tha tawk a a hriat leh hriat loh te
- service dang mamawh a neih leh neihloh te

Heng bakah hian IDU te damdawi hman te,an inchiu dan te leh mipat hmeichhiatna an hmandan chungchang ah te, IDU thar te hriatchhuah leh hotspot thar te chungchangah sawi ho na neih tur ani

ORW chuan PE tin te hotspot chan theuhchungchang ah kartin meeting neih puiin,heng te hi a sawipui tur ani:

- An area an cover dan
- Contact an neih zat
- Needle leh syringe an sem chhuah zat
- Ruahman lawkna dangte

- Condom semchhuah zat
- DIC a reffer zat
- Field a BCC awm zat
- Follow-up

Review record leh vawn that: ORW chuan PE te diary chu an endik sak in, tracking sheet atangin client an contact zat te, needle leh syringe leh condaom an semchhuah zat te, referral leh follow up an neih zat te chu a inmil leh inmil lah te an endik vek tur ani

Tl level ah chua PM chuan karhnih danah tal outreach chu a endik tur ani. PM chuan karkhat chhungin vawi hniih atanga vawi thum inkar hotspot chu a tlawh thin tur ani. Hotspot a tlawh dan tur chu ruahman na fel tak a siam tur ani. Hrilhawkna awm miahlo a tlawh that chang te pawh anei tur ani bawk.

Hotspot a tlawh lai in PM chuan heng mite hi a hnu tur ani:

- IDU thenkhat te.
- Stakeholder thenkhat te (mipui vantlang zingah chuan-kuhva zuar te, damdawi dawr nei tu te, staff te, khawtlang hruiatu te, police leh midang te pawh)
- PE leh ORW hotspot a thawk tu te

PM chuan heng a hnuia tarlan record leh document te hi chawlkar hniih dan zelah a endik tur ani:

- Outreach ruahman lawkna leh spot analysis
- Needle leh syringe stock regiter (hei hian stock dinhmun leh PE leh ORW ten needle leh syringe an dawn zat tehriattheihna turin)
- DIC registration record te (outreach atanga client reffer te zat hriat nan)
- DIC a service pekchhuah te hmanchhuahna register (panchhe enkawlha, counselling, STI enkawl zat, refferal leh a dang te)

- PE te weekly planning leh an hnathawhn ziahlanna te (Annexure 2) leh PE tin te HRG compiled sheet IDU te an inrawl ve na ziah lanna (Form C0)
- Tlatin CMIS report

PM chuan DIC ah thlatin vawikhat ORW te nen meeting an nei ho tur ani. Meeting neihna ah hian PM chuan a thil hmuh chhuah atang ten sawiho na heng ah te hian a neihpui tur ani:

- Field visit
- Record leh documentation ennawna

6.2 Pe Te Enkawl Leh Kaihruai

Outreach worker chuan PE te chuan a ho in a vil tur ani. Hetia a ho na ah hian PE te chakna lai leh an chaklohna lai te chu a hraitpui reng tur ani a, tlawp an ngaihna ah te chuan a thlawp tur ani.

- PE te hna thawhdan chu thlaruk danah a endik ziah tur ani a, PE te record vawn atang te, field a an hna thawhdan atang te in endik tur ani
- PE te chu thla 12 chhung inremna an siampui tur ani a, an hna thaehdan a zirin inremna hi a siam thar leh tur ani
- Weekly meeting ah chuan PE ten fied a chona an hmachhawn te an sawikhawm a, ORW leh PM te chuan PE te harsatna emaw chona chu enfiah puiin engtia hmalak dan tur nge anih tih te sawiho pui
- PE ten contact list a mite ho an contact zawh tawh chuan an mahni inthlak thleng kual tir hi contact thar leh client thar neih nan a tangkai ani
- Current IDU, PE anga thawk chuan a damdawi tih avangin a hna te a thawh that lo phah thei a ni. Heng mi te tan hian conselling pek a an hna a insawrbing tura hrilh te hi a tangkai hle bawk ani. PE chu

fuihin a tanpui chungin OST la turin a fuih in hriattir tur ani,OST a tana a lak thatna tur te hrilhfiahin a la anih chuan a hna te pangngai takin a thawk leh thei dawn ani tih te hriattir tur ani

6.3 ORW Te Enkawl Leh Kaihruai

ORW enkawl na ah hian project manager chuan heng te hi a ti tur ani:

- ORW te hna thawhdan te chu,contact an neihzat te leh outreach an kaihruai dan te hamngi a endik tur ani.Hemi ti tur hi chuan PE te hna thawh dan ennawn a ngai a a chhan chu ORW te chanvo chu PE te enkawl anih vang ani
- Weekly meeting neih apianga tel ziah tur ani.Hei hian rilru pek na lam tur a hriathiam tir mai bakah staff te inkar a harsatna leh inhriathiam tawnlohma awm te leh pawnlam panga harsatna awm te chu a hriatfiah tir thei dawn ani
- ORW te chu chhung lam leh pawn lamah te trainning na hun te siamsak/zawnsak tur ani
- ORW chu ex-user anih a a relaped anih chuan amah dawr nan chuan NGO inkaihruai dan hman tur ani.Hetiang anih rual hian ORW chu a hmasawna turah chuan thawp tlat tur ani.

7. Chonate



Eng Te Nge	Rawtna Emaw Duhtlan Tur Awm Te
IDU ten needle leh syringe an kawl theihlo in	<ul style="list-style-type: none"> Hmun thenkhat ah chuan tiang thil hi a thleng thin a.PE te leh ORW te chuan engtiklai pawhin an ID card chu an keng tur ani. Crisis response team te chuan police lam atanga harsarna an tawhlohma tur leh IDU ten an needle leh syringe hman hnu te an thleng theihna turin advocacy an neihpui thin tur ani.
Naupai leh damdawi heroin hman	<ul style="list-style-type: none"> Nu naupai laiin heroin a hman chuan a naute chu chhiat mai thei dinhmun ah a awm thin ani.Nu tan pawh harsatna a awm theih avangin, nu FIDU naupai chu amah leh naute him zawk nan OST a la tur ani.
Burn out enkawl dan	<ul style="list-style-type: none"> Burnout chu khawtlang inenkawlna vang te,rilru lama harsatna vang te,experience neih loh vang te,hna vang te,inriathiam tawnloha vang te, IDU leh staff te inkara harsatna awm vang te organization in thil phut a ngah lutuk vang te a awm thei ani Hna chungchanga tih tur bik chiang taka hriat leh ORW/PE te hnen atanga a nihnna diktak dawn te leh inthlawp tawnna hmang te hian burn out hi a ven theih ani
Relapse	<ul style="list-style-type: none"> Relapse hi hantawngkhawng vang te leh awmna gmunin a zir loh vang te a lo awm thei ani.PE lah ORW te chu relapse thei dinhmun ah an ding awlsam bik ani,hei hi a chhan chu nundan phung vangte,damdawi lo hman vang te,taksa nat vangte,pawisa tam tham tak an kuta a awm vang te leh thil dang vangt e anni Heng te hi pawl inrelabawl dan te,outreach tura a inbuatsaih atangte,outreach team hnen atanga thunun na leh tlawpna dawn atang te hian relapse hi a ven theih ani Relapse ven na tur atana inkaihhraina tha ber chu ORW emaw PE te chu an mahni in field ah an kal tur anilo.Midang te nena kalho hian nasa takin damdawi hmuh mai thei a a awm pawhin a veng thei ani Regular taka counselling neih leh group discussion a tel te hian relapse mai tur a veng bawk ani Pawl chuan PE leh ORW te anlo relapse anih pawha zawm tur leh inkaihhraina tur dan leh dun chiang takin a siam tur ani a,eng tianga hmalak tur nge tih te inenkawl dan tur te leh inenkawlna zawh hnu a a hna zawm leh dan tur tih te chiang taka duan tur ani.Heng te hian PE leh ORW te chu an mahni inring tawk turin nasa takin a tanpui mai bakah relapse mai thei dinhmun a an dinna turah pawh nasa takin a veng bawk ani
Police in PE emaw ORW te an lo man in	<ul style="list-style-type: none"> PE/ORW te chu an duty na lamah emaw needle syringe an semchhuahna vangte a man an tawk anih chuan staff senior zawk te chuan tanpuina an mamawh ang chu an pe nghal vat tur ani Dan kengkawh tu te nena regular taka advocacyneih hian in hriathiam tawnloha vanga in man thin te a titlem ani

What	Suggestion or Option
Police in IDU an man in	<ul style="list-style-type: none"> • IDU chu ART/OST ei lai anih chuan a tuar nasa dawn hle ani • TI a Crisis response team(CRT) te chuan heng ah te hian hma la in engtiangin nge hrisel na lama service te chu an hmantangkai theih ang tih te an ngaihtuah tur ani • Mi man chu thil tih sual vanga man anih chuan,CRT te chuan an mi man pa chu a mamawh damdawi te dawng thei turin a tanpui theilo ani • Dan kengkawh tu te nena advocacy neihna ah chuan treatment lak chu a tihbua loh dan leh IDU hriselna in a tuar loh dan tur te an sawiho tur ani
In lama inkhung/awm IDU te	<ul style="list-style-type: none"> • Contact na hmasa ber chu hmeliat te hnen atangin ani tur ani a,hetah hian PE chuan a hming te,a hna thawh te leh a thawhna pawl hming te chiang takin a sawi tur ani • Outreach staff chuan mamawh an nih huna biakpawh theihna tur contact number chu chiang takin a hrilh tur ani • Chung IDU te chu confidentiality chungchang te chiang takin a hrilh anga,khawi hmunah mah a thuruk te chu a sawichhuak dawnlo ani tih a hrilh bawk tur ani <p>IDU thenkhat te chu damlohma avangin service te hmang theilo in in lamah an awm thin a,hetiang anih chuan ANM/doctor te nena inzawmna siam in a,tiang harsatna an tawk anih pawn service an mamawh te leh hriselna lampang chungchang ah pawh enkawlna an dawng thei ani.</p>

Annexure 1: Spot Analysis

Annexure 2: PE Weekly Activity Plan

PE Weekly Planning & Activity Sheet (IDUs)													
Name of the PE		District		For the month		Risk Assessment		Vulnerability		Services			
Sl. No.	Name of the HRB Groups	00000000	Referral dueOver due	STI	ICTC	# of contacts	# of referrals (STI & others centers) Report access by HRB Groups	Week	Date: (end of the week)	1	2	3	4
1.													
2.													
3.													
4.													
5.													
6.													
7.													
8.													
9.													
10.													
11.													
12.													
13.													
14.													
15.													
16.													
17.													
18.													
19.													
20.													
21.													
22.													
23.													
24.													
25.													
Total													Total distributed through 1-5

Annexure 3: Monthly Summary Sheet

Annexure 4: ORW Weekly Report

FORM D: ORW WEEKLY REPORT						
Name of ORW	Date	Reporting for the WEEK:	For the Month:			
Number of PE working with ORW:	No. of ICTCs in ORW area		No. of police stations in ORW area			
Sl No.	Activities	PE 1	PE 2	PE 3	PE 4	
1	PEs met to review outreach for week ended, and to plan outreach for next week by prioritizing HRGs to be given services					For each PE, pls write if PE was met. If yes, pls write a paragraph about the outreach /referral challenges faced by the PE and the support you will provide him/her for the next week. Pls also indicate if a clear risk based outreach plan/plan has been prepared for next week (which lists the HRGs to be prioritized for outreach next week)
2	PEs met to review condom distribution and condom sold					Pls review condom distribution / sold for each PE last week against requirement, and strategy /support you will provide to the peer to ensure adequate condoms are available and distributed.
3	Sites were visited during the week for supportive supervision.					Pls indicate the nature of sites visited, and the support provided to resolve any problem (e.g., in exploring MIS system, in improving skills of peers in IPC, in building rapport with stakeholders (e.g. gatekeepers, local leaders etc). The ORW during the visit meets 10% of the HRGs in a given site to know on the feedback on the services given by the project for improving.
4	Number of new HRGs registered.					Indicate whether all the HRGs estimated /mapped are being registered with the program
5	Number of HRGs declared as dropped out during the month.					For any IP that has not received program services for 6 months, pls understand from the peer the reason (e.g. migration) and make "inactive" after adequate efforts made to trace her. This has to be documented in the weekly minutes and shared with the PII
6	Coordination meeting with AMM/Counselor to list STI/ICTC visits made during the last week and due next month.					by HRGs during the previous week and ensure that peers have a list of IPs due or overdue for clinic /ICTC visits. Pls also report no. of ICTC /STI visits due this month
7	Group meetings with HRGs in DIC (For review on community issues)					Pls, summarize key issues faced by communities and action proposed to address their issues.
8	Meeting for Developing linkages					
	ICTC					Pls summarize nature of the meeting and actions taken to develop linkages and improve coordination
	ART					
	POLICE					
	GATE KEEPERS					
	Other stakeholders					

8. Lehkhabu Rawnte



1. National AIDS Control Organisation, Ministry of Health & Family Welfare, Government of India. 2007. Targeted Interventions Under NACP III. Volume I. Core High Risk Groups. <http://www.nacoonline.org/upload/Policies&Guidelines/NACP-III.pdf>
2. National AIDS Control Organisation, 2009. Guidelines on Safe Disposal of Used Needles and Syringes in Context of Targeted Intervention for Injecting Drug Users. <http://www.nacoonline.org/upload/NGOTargeted/wastedisposalguidelineforIDUTI.pdf>
3. National AIDS Control Organisation. A Manual on Working with Injecting Drug Users. A Training manual. <http://www.nacoonline.org/upload/NGO & Targeted/Capacity Building/Training Module/Training>
4. Package for working with IDU/A manual Working with Injecting Drug Users a Trainers Manual.pdf
5. United Nations Office on Drugs and Crime, 2012. Staying safe A manual to train Outreach workers in IDU TI interventions (Draft stage).
6. United Nations Office on Drugs and Crime, 2012, Staying Safe. A Manual to Train Peer Educators in IDU TIs (Draft stage).
7. United Nations Office on Drugs and Crime, 2011, Counselling in Targeted Interventions For Injecting Drug Users. www.unodc.org/documents/southasia//trainingmanuals/A_counsellors_handbook.pdf

Notes



